

Staff COVID-19 Return To School Guide

MPA recommends anyone with signs/symptoms of illness contact their healthcare provider.
The information below does not replace the advice or guidance from a healthcare provider.

SYMPTOMS	WHAT TO DO	WHEN TO RETURN TO SCHOOL	ADDITIONAL INFO
<p>NO SYMPTOMS, but exposed to someone who has tested positive for COVID.</p>	<p>Monitor for symptoms.</p> <p>See below guidance if symptoms develop.</p>	<p>If vaccinations are up to date*, may return to school following exposure if no symptoms. Test on day 5 after last exposure. Stay at home if positive test result or symptoms develop.</p> <p>If unvaccinated or vaccines are not up to date**, stay at home for 5 days after last exposure. Test on day 5 after last exposure. Stay at home if positive test result or symptoms develop.</p>	<p>Test on day 5, if possible (may be limited based on test availability). Contact school to obtain Abbott BiNaxNow at-home test kit. Use the telehealth component of the test.</p>
<p>ONLY ONE of the following symptoms with no known COVID exposure:</p> <ul style="list-style-type: none"> • Muscle aches • Sore throat • Nasal congestion <i>(not associated with allergies)</i> • Headache • Nausea / vomiting or diarrhea • Unexplained fatigue 	<p>Stay at home.</p> <p>If additional symptom(s) develop, see guidance below.</p>	<p>24 hours after symptoms have resolved.</p>	
<p>TWO OR MORE of the above symptoms OR ONE of the following symptoms:</p> <ul style="list-style-type: none"> • Fever greater to or above 100.4 • Loss of smell or taste • Cough • Chest pain or difficulty breathing <p>OR...</p>	<p>Individual stays home or is sent home.</p> <p>Healthcare evaluation and/or testing confirms COVID-19.</p> <p>OR</p> <p>No healthcare evaluation.</p>	<p>Individual must isolate at home for at least 5 days</p> <p>After day 5, if no fever and symptoms are getting better, may return to school.</p> <p>After day 5, if fever or symptoms are not getting better, continue to stay at home until fever is gone and symptoms are improving.</p>	<p>Communication needed to manager indicating +COVID test at time of diagnosis.</p>
<p>ANY symptoms with a recent COVID-19 exposure</p>	<p>Healthcare provider confirms an alternative diagnosis for symptoms (ex: strep throat, sinus infection, etc).</p>	<p>Return to school with symptoms resolving and fever free for 24 hours without fever reducing medication.</p>	<p>Medical Clearance note needed upon return to school.</p>

* Your vaccine status is considered UP-TO-DATE if:

- You received a booster dose of any COVID-19 vaccine
- You completed the primary series*** of the Pfizer or Moderna vaccine **less than 6 months ago**
- You completed the primary series*** of Johnson & Johnson vaccine **less than 2 months ago**.

** Your vaccine status is considered NOT UP-TO-DATE if:

- You are unvaccinated or only received one dose of Pfizer or Moderna
- You completed the primary series*** of the Pfizer or Moderna vaccine **more than 6 months ago**
- If you completed the primary series*** of Johnson & Johnson vaccine **more than 2 months ago** and no booster

*** A primary series consists of one dose of Johnson & Johnson vaccine; or two doses of Moderna or Pfizer vaccine; or three doses of Moderna or Pfizer vaccine if you received an additional dose because you are immunocompromised.