



Student COVID-19 Return To School Guide

*MPA recommends anyone with signs/symptoms of illness contact their healthcare provider.
The information below does not replace the advice or guidance from a healthcare provider.*

SYMPTOMS	WHAT TO DO	WHEN YOU MAY RETURN TO SCHOOL	ADDITIONAL INFO
<p>NO SYMPTOMS, but exposed to someone who has tested positive for COVID.</p>	<p>Monitor for symptoms.</p> <p>See below guidance if symptoms develop.</p>	<p>Stay at home for 5 days after last exposure.</p> <p>Test on day 5 after last exposure. Stay at home if positive test result or symptoms develop.</p>	<p>Test on day 5, if possible (may be limited based on test availability).</p> <p>Contact school to obtain Abbott BiNaxNow at-home test kit. Use the telehealth component of the test.</p>
<p>ONLY ONE of the following symptoms with no known COVID exposure:</p> <ul style="list-style-type: none"> • Muscle aches • Sore throat • Nasal congestion <i>(not associated with allergies)</i> • Headache • Nausea / vomiting or diarrhea • Unexplained fatigue 	<p>Stay at home.</p> <p>If additional symptom(s) develop, see guidance below.</p>	<p>24 hours after symptoms have resolved.</p>	
<p>TWO OR MORE of the above symptoms OR ONE of the following symptoms:</p> <ul style="list-style-type: none"> • Fever greater to or above 100.4 • Loss of smell or taste • Cough • Chest pain or difficulty breathing <p>OR...</p>	<p>Student stays home or is sent home.</p> <p>Healthcare evaluation and/or testing confirms COVID-19.</p> <p>OR</p> <p>No healthcare evaluation.</p>	<p>Student must isolate at home for at least 5 days</p> <p>After day 5, if no fever and symptoms are getting better, may return to school.</p> <p>After day 5, if fever or symptoms are <i>not</i> getting better, continue to stay at home for 10 full days.</p>	<p>Communication needed to school from a guardian indicating +COVID test at time of diagnosis.</p>
<p>ANY symptoms with a recent COVID-19 exposure</p>	<p>Healthcare provider confirms an alternative diagnosis for symptoms (ex:strep throat, sinus infection, etc).</p>	<p>Return to school with symptoms resolving and fever free for 24 hours without fever reducing medication.</p>	<p>Medical Clearance note needed upon return to school.</p>